



NEWSLETTER : Friday 18th September 2026 - Autumn Term: Issue: 1

Head Teacher's Corner

Dear Families,

Welcome back to a new academic year! It has been wonderful to see everyone return, and we are very pleased with how quickly the children have settled into their new classes and routines. We would especially like to welcome our new Reception families, as well as the families of children who have joined us in other year groups - we hope you enjoy your time as part of our school community!

There has already been lots of fantastic learning taking place across, with children getting to know their new classrooms, teachers, revisiting routines and developing the positive attitudes and learning behaviours that will support them throughout the year ahead.

A big thank you to all the families who attended our new year group welcome meetings. We hope you found them useful and informative. Information from the meetings can also be found on our school website.

I would also like to thank our infant parents and carers for your patience while we arranged for our new gate to be fitted. This is an important improvement to our site security and will help us maintain a safer environment for all our children and staff.

Moving forward, visitors will not be able to enter the school site without authorisation. We appreciate your cooperation as we continue to strengthen our safeguarding procedures and ensure that the safety of our school community remains a priority.

As many of you will be aware, we have been experiencing falling pupil numbers, which has meant that we have needed to review our class organisation across the school. Due to these changes, we have had to cap pupil numbers in certain year groups. Last week, we had to make the decision to close one of our Reception classes, moving from three classes to two. We understand that changes to class organisation can be difficult for children, and we appreciate your understanding and support as we respond to the needs of our school community.

Thank you for your continued support. We look forward to a happy, successful and exciting year together!

Best wishes,
Mrs R Nisar

Dates for
the Diary:

22nd September

**WonderDome for
Y1 at JUNIOR SITE**

**YR Welcome
Meeting for
parents 2:30pm**

23rd September

**MacMillan Coffee
Morning**

7th-9th October

**Grafham Water
Residential Trip**



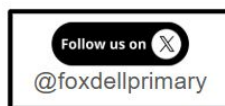
Macmillan Coffee Morning - Next Week!

A little reminder that our Macmillan Coffee Morning is taking place next week! We would be very grateful for donations of cakes and money to help support this wonderful cause.

Please see the poster emailed to families for full details. We would love to see as many of you as possible there for a cuppa, a cake and a chat!

Free School Meal for all children in KS2 on Thursday 1 October - Census Day

We encourage all children in KS2 to take up this opportunity and enjoy a delicious school lunch with their friends!



ATTENDANCE & PUNCTUALITY

We are pleased to share that our attendance has been improving over the past year, and we're proud to say that our weekly figures have often been in line with or better than the national average. This is a fantastic achievement, and we want to say a big thank you to all our parents and carers for your continued support in helping us improve attendance across the school.

Each week, we celebrate good attendance in school, and we'd like to give a special mention to the following classes who have achieved 100% attendance at least once this half term - a brilliant effort!



As we continue to focus on attendance, we are also placing a strong emphasis on punctuality. We firmly believe that every minute counts, and arriving on time helps children start their day calmly and ready to learn.

PUNCTUALITY

Our doors open at 8:45am for a soft start, and ideally, all children should arrive as close to this time as possible. The doors close at 9:00am for registration - arrival after this time is recorded as late. We understand that traffic and parking can be difficult in the mornings, so we encourage families to leave earlier where possible, and consider parking a short distance away and walking.

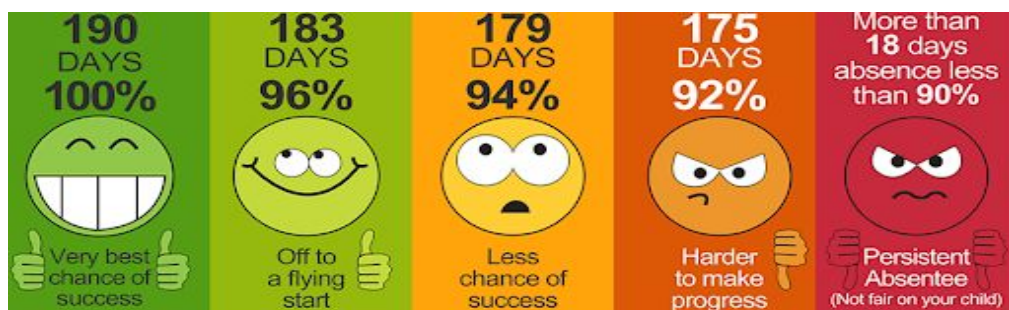
The same expectations apply at the end of the day. It is the responsibility of parents and carers to ensure children are collected on time. Please note that school finishes at 3:15pm for EYFS and KS1 and 3:30pm for KS2.

We are now issuing late collection fines. Guidance has been shared with all families. Please ensure that your child is collected promptly at the end of the school day.

The new attendance guidelines came into place from 19th August 2024. More information and FAQs about attendance can be found on our school website: <https://www.foxdellprimary.uk/attendance-1/>

Government guidance can be found here:

<https://educationhub.blog.gov.uk/2024/08/19/fines-for-parents-for-taking-children-out-of-school-what-you-need-to-know/>



We are open for 190 days in a school year which equates to 380 sessions including the morning and afternoon registration.

ATTENDANCE MATTERS

The class with the best attendance each week wins the attendance trophy and receives a best attendance certificate. Children in Reception receive a lucky dip prize if they have 100% attendance for the week.

Our whole school attendance target is 96%

Attendance Week Ending							
Class		11.09.26	18.09.26	Class		11.09.26	18.09.26
				Pinecones		95.9%	94.8%
Swifts		97.4%	90.3%	Beech		100%	100%
Robins		100%	97%	Oak		91.6%	99.1%
Dragonflies		94.4%	96.7%	Ash		99.4%	98.7%
Ladybirds		97.9%	94.1%	Ivy		100%	98.8%
Butterflies		95.8%	97.3%	Cedar		98.5%	98.3%
Squirrels		95.9%	95.6%	Spruce		95%	95.7%
Badgers		100%	97.6%	Kestrels		98.6%	97.3%
Chestnuts		97.1%	98.8%	Eagles		96.1%	98.5%
Acorns		93.8%	99.6%				

Our Class H.E.R.O.s for the last 2 weeks are:



Infant Site: Badgers

Junior Site: Beech & Ivy

★★★★★ STARS OF THE WEEK ★★★★★

A huge congratulations to our shining stars for the weeks ending 11.09.26 & 18.09.26

	Robins	Swifts	Dragonflies	Ladybirds	Butterflies	Badgers	Squirrels
	Keyaan	Aiya M	Oliver Ayyan	Aliya Vincent	Inaayah Abu Bakar	Sarah Mustafa	Iremide Anastasia
	Chestnuts	Acorns	Pinecones	Beech	Oak	Ash	Ivy
	Mikaeel Sebastian	Inaya Hussam	All of Pinecones Hashim	Shafin Vanessa	Aryan Umar	Hania Umar	Rayaan Dawwod
Spruce	Cedar	Kestrels	Eagles		 "Be a star in someone's sky every day!"		
Rida Rosa	Amelia Zainab	Eshaal Maira	Fatima Zara Raihan				

Dojo Winners of the Week!

Congratulations to our top dojo earners!

Your positive attitude, teamwork, and respect have truly stood out



Robins	Swifts	Butterflies	Dragonflies	Ladybirds	Badgers	Squirrels
Is'haaq	Hannah	Sumayya Gabriella	Abeeha Aadam	Alan Anya	Sahil Eesa H	Mara Ali
Pinecones	Chestnuts	Acorns	Ash	Beech	Oak	Spruce
Malaika Kenaal	Abdul Azhaan Denis	Ayet Ali	Raees Zayn	Khadija Abbas	Arfa twice!	Bilal Shekinah
Ivy	Cedar	Kestrels	Eagles			
Rayaan Salim	Hillary Maryam	Mehtab Azaan	Lena Petrus			



Our VALUE for Autumn 1 is:

Responsibility

This half term, we are focusing on Responsibility - understanding that our choices and actions matter, and that we all have a part to play in looking after ourselves, others and our school community.

We can show responsibility by:

- Taking charge of ourselves and our actions
- Setting a good example to others
- Taking care of our things

At home, we can be responsible by:

- Tidying away our toys and belongings
- Helping with jobs around the house
- Looking after pets or plants
- Getting our things ready for school
- Keeping promises and being helpful to others

A Little Challenge at Home!

Choose one responsibility that your child can take on this week?

This could be laying the table, keeping their bedroom tidy, getting their school bag ready each evening or help put the washing out.



Can you become a Responsibility Superstar?

Small responsibilities help children develop independence, confidence and a sense of pride in what they do.

RIGHT of the MONTH- September

ARTICLE 12

Children have the right to share their views and be listened to.

This means that:

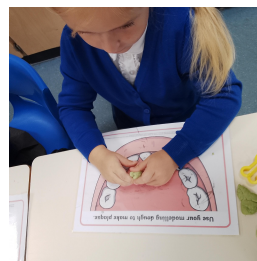
I have the right to have a voice
I have the right to share my ideas and feelings
I have the right to be listened to

Around our School

Year R

Our Reception children have made a fantastic start to school life and are settling into their new routines. They are becoming familiar with their classrooms, learning where to find things and developing their independence as they move through the school day. From learning to line up for lunch, to getting ready for different activities, the children are growing in confidence each day and are beginning to understand the routines that help make their day run smoothly.

The children have also been getting to know one another and are starting to make new friends and build lovely relationships with their classmates and adults. Lunchtimes have been another exciting part of their day, as they learn how to manage the routines of eating together, making choices and becoming more independent. It has been wonderful to see the children chatting, playing and enjoying their time together as they settle into their new school community.



Year 1

The children have settled really well into Year 1. They are becoming familiar with our daily routines and are confident in finding their way around the different areas of the classrooms.

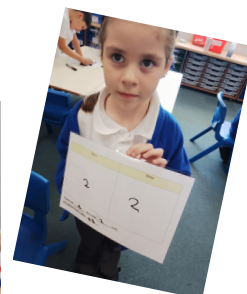
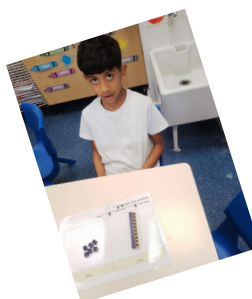
Over the last few weeks, the children have been working with numbers up to 10. They have been learning to find 1 more and 1 less, exploring number bonds to 10, and practising how to find and fill in missing numbers on a number track.

In English, the children have been developing their letter formation and handwriting skills. They have also been practising writing simple sentences, remembering to use finger spaces and full stops.

In PE, we have been learning to make different shapes in preparation for gymnastics. The children can now make a pike, straddle, star and tuck shape. They have really enjoyed practising these shapes and are beginning to develop their confidence and control.

Year 2

Year 2 have made a positive start this year! They've particularly enjoyed their Maths learning, where they have been learning how to sort and represent numbers using place value grids. The children have enjoyed using Dienes equipment to build numbers and are becoming increasingly confident in understanding the value of each digit. They will now use this new learning to partition numbers in different ways, helping them to develop a deeper understanding of place value.



Around our School

Year 3

Year 3 have made a wonderful and positive start to the new academic year. They are settling into their new routines well and have adapted confidently to the expectations of Year 3.

In Music, the children have begun learning to play the ukulele and have participated with great enthusiasm and enjoyment. It has been lovely to see their confidence grow as they develop this new skill and explore different musical techniques.

In English, the children are continuing to develop their grammar skills and are becoming increasingly confident in applying their knowledge. In Maths, we are revisiting and consolidating their understanding of place value before gradually moving into the Year 3 curriculum.

It has been a pleasure to see the children return with such a positive attitude towards their learning.



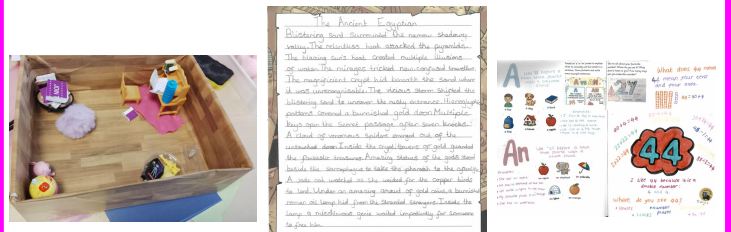
Year 4

The children have made a fantastic start to their year 4 journey. We have been practising our classroom routines to help us all have a calm and successful year.

Some children worked hard over the holidays to create fantastic model of what they would like their class library to look like.

In English, the children have written some fantastic story openers to an Aladdin style story. The teachers were very impressed by the use of language.

Finally, we have received some fantastic examples of homework this week. We are looking forward to what the children can do over the next few months.



Year 5

Our first couple of weeks in Year 5 have been very busy! We have started with our 'Starting Strong' curriculum, which has given us the opportunity to revisit and build upon our prior learning.

In grammar, we have been focusing on constructing sentences and identifying the different parts of a sentence, helping us to develop our understanding of sentence structure.

In maths, we have been revisiting our multiplication and fractions skills. We have practised multiplying **two-digit numbers by one-digit numbers**, as well as converting and adding fractions with the **same denominator**.

It has been a fantastic start to Year 5, and we are looking forward to all the exciting learning ahead!

Year 6

We have announced our first set of prefects for the 2026-27 year. Please join us in celebrating the following children and their achievement:



Mehtab

Aadam

Eshaal

Maya A

Meerub

Ajwa

Raymond

Taurab

Evelin

Fatima

Umaina

Sultan



We will be looking to appoint more prefects as the year goes on. Children should keep demonstrating the school values and being outstanding Foxdell Citizens to be considered for the next round!

High School Open Days

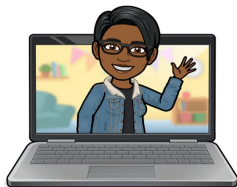
Starting High School in September 2027

It is strongly recommended that parents/carers and pupils attend the open evenings of the high schools and academies that interest them. Open evenings give parents and pupils the opportunity to gain a good overview of the school by meeting staff and pupils and gathering information about the school or academy.

Click on the link for information about how to apply for a high school place for September 2027
<https://www.luton.gov.uk/sites/default/files/2026-09/how-to-apply-for-a-school-place-guide-2027.pdf>

School	Date	Time
Cardinal Newman Catholic School	1 October 2026	By Ticket only. Please check the School website for further information.
Challney High School for Boys	15 October 2026	5pm - 7:30pm
Challney High School for Girls	15 October 2026	5pm - 7:30pm
Chiltern Academy	22 October 2026	5pm – 8pm In addition to the Open Evening, the school is offering parent school tours during w/c 19 October 2026 with the Senior Leadership Team. By appointment only.
Denbigh High School	Monday 5th October 2026	10am and 1pm
	Tuesday 6th October 2026	10am, 1pm & 3.15pm
	Wednesday 7th October 2026	10am and 1pm
	Monday 12th October 2026	10am and 1pm
	Tuesday 13th October 2026	10am, 1pm & 3.15pm
	Wednesday 14th October 2026	10am and 1pm
	Open days are 'strictly by appointment only'.	All the above times are strictly by appointment only
Icknield High School	6 October 2026	6pm - 8:30pm
Lea Manor High School	24 September 2026	4pm – 7pm
Lealands High School	1 October 2026	4pm – 8pm
Putteridge High School	6 October 2026	5pm - 8pm
Queen Elizabeth School	29th September 2026	5pm - 7.30pm
Stopsley High School	8 October 2026	5pm – 8pm
The Chalk Hills Academy	1 October 2026	4pm – 7pm
The Stockwood Park Academy	8 October 2026	4.30pm - 7.30pm

Deadline for High School applications is 31st October 2026



ONLINE SAFETY CORNER

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators SAFETY ON SOCIAL MEDIA

Currently, children are growing up in an immediate and throwaway culture when it comes to content that's consumed online. So much material is now deliberately created to be shorter in nature – and may often contain hidden elements such as advertising, or extreme political and cultural views. With complex algorithms built to keep people on their phones and engaging with social media content, it's becoming increasingly difficult to reduce time spent on these platforms.

1 REDUCE DOOMSCROLLING

It's concerningly common for young people to spend hours 'doomscrolling': trawling through social media and aimlessly viewing every post they see, many of which might make them feel sad or anxious. Social media can be useful for keeping in touch with friends and family, as well as staying up to date on current events. However, it's important to use it with a clear purpose, instead of endlessly scrolling through content, which could lead to young people accidentally discovering harmful material.

2 TALK ABOUT THE CONTENT

It's important to keep apprised of the kind of content that a young person is being exposed to. Discussing what they're watching online can help you understand why they're using social media in the first place. Furthermore, ensure that children are aware of hidden content, such as advertising of a product – and that they know how to spot that the creator is being paid to talk about it.

3 FIND POSITIVE ASPECTS

Despite all the concerns, there's plenty of wholesome content on social media. It's worth spending time with children to help them find something suitable and enjoyable. Perhaps you'll even discover a joint interest, and you can enjoy the content alongside the child. As part of this, you should also point out why certain things shouldn't be given attention, explaining why it isn't suitable and why it's been created in the first place.

4 REDUCE SCREENTIME

Young people can sometimes be unaware of the exact amount of time they spend looking at social media. Smart phones don't just have the capacity to monitor screentime; they also record how much time is spent on each app. Consider setting targets to reduce this and support children to meet these goals, gradually reducing the amount of time spent on different apps.

5 FILL THE VOID

Monitoring and reducing screentime can create a lot of free time to fill, and young people can even face withdrawal symptoms when made to step away from their phones. To mitigate this, consider what offline activities you could introduce the child to, and what they would enjoy. This can ensure that young users will permanently cut down on their screentime, rather than temporarily doing so while they know it's being monitored.

6 REDUCE NOTIFICATIONS

One way in which social media platforms keep people coming back is through notifications. The algorithms behind these apps track people's daily habits, including the times of the day where they're most likely to engage with the platform. This data is then used to deliver specifically timed notifications to draw them back in. To avoid young users being exposed to this tactic, simply turn off notifications for the app in their phone's settings.

7 LIVE IN THE REAL WORLD

Overexposure to social media can distort someone's perception of the real world – from body norms to social conventions. This filtered environment can make it hard for young people to distinguish reality from online content, which is now becoming even more difficult with the rise of AI. To mitigate this concern, take time to teach young people how to discern truth from fiction, both on and off social media.

8 DIGITAL DETOX

Encouraging young people to take a 'digital detox', from even just a couple of the apps that they use, can result in an overall reduction of screentime and less exposure to potentially harmful content. Alternatively, rather than avoiding the app entirely, encourage children to take a 'digital detox' from content creators and influencers, and instead, keep in touch with friends and family – which is generally a far healthier use of these platforms.

9 MODEL GOOD BEHAVIOUR

Consider the habits that you're demonstrating to your children. How much time do you spend on your phone? How much do you 'doomscroll'? Comparing your own usage with the child's could put things into perspective for them – or if it turns out that you're also overusing social media, it can turn screentime reduction into a joint mission, which you and the child can work on together.

10 BE CLEAR ON THE "WHY"

Research shows that young people can become addicted to social media. There are many schools that are moving towards being 'phone free' due to the negative impacts of using social media and phones continuously. It's important to explain to young people why managing screentime is important. Set out the benefits and ensure they have all the relevant information, so it's not just seen as a punishment.

Meet Our Expert

John Inley is a senior leader in a Birmingham secondary school and has vast experience in leading schools over the past 15 years – including the development of computing curriculums across primary and secondary schools, writing e-safety policies and supporting schools with computing and e-safety advice.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/top-tips-for-safety-on-social-media>

@wake_up_weds

/www.thenationalcollege

@wake.up.wednesday

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.12.2024

Community

CHUMS YOUNG PEOPLE & PARENT/CARER WORKSHOPS

Our online workshops are designed as a starting point for families with children who have low level difficulties. These are one-off 2-hour sessions conducted virtually via Microsoft teams.

Please note these workshops do not support moderate/severe difficulties and will not address risky behaviours (self-harm, suicidal ideations).

ANXIETY WORKSHOPS

11+ ANXIETY

10/9/26 @ 4PM - 6PM

(For young people aged 11+, parents also welcome to attend)

This single psychoeducation session explores emotional development in children, emotional regulation, and focuses on anxiety and anxiety management strategies.

PARENT ANXIETY

21/9/26 @ 9:30AM - 11:30AM

(For parents of young people aged 5 - 11 years old)

One-off workshop exploring emotional development in children, emotional regulation, psychoeducation around anxiety and anxiety management strategies.

SLEEP WORKSHOPS

UNDER 12'S SLEEP

11/9/26 @ 9:30AM - 11:30AM

(For parents of young people aged 4 - 12 years old)

One-off workshop which focuses on why sleep is important, what is 'good' sleep, possible causes of sleep difficulties and learning strategies to overcome sleep problems.

OVER 12'S SLEEP

16/10/26 @ 3PM - 5PM

(For young people aged 13+, parents also welcome to attend)

One-off workshop which explores why sleep is important, what is 'good' sleep, sleep hygiene tips and strategies for managing worries at night.

RESILIENCY WORKSHOP

6/10/26 @ 9:30AM - 11:30AM

(For parents of young people aged 5 - 11 years old)

This single session explores relevant child development including and provides psychoeducation on mental health vs mental health problems, emotional regulation, anxiety and low mood. You will leave with a greater understanding of your child's needs and armed with strategies to build their resilience.

EXAM STRESS WORKSHOP

22/10/26 @ 4PM - 6PM

(For young people aged 12+ and parents)

One off workshop which equips teenagers with an understanding of exam stress, strategies for managing exam stress, revision tips and self-care. The workshop also offers parental tips for supporting their adolescent's exam stress.

BEHAVIOUR WORKSHOP

9/11/26 @ 9:30AM - 11:30AM

(For parents of young people aged 5-11 years old)

A one-off workshop that covers the following topics: Emotional development in children, emotional regulation, common behaviour difficulties and strategies to promote positive behaviours.

SELF-ESTEEM WORKSHOPS

TEENAGE SELF-ESTEEM

26/11/26 @ 4PM - 6PM

(For young people aged 13+, parents also welcome to attend)

One off workshop which equips teenagers with an understanding of self-esteem and tools to build confidence through thought challenging, relaxation and activities to celebrate strengths and successes. Workshop also offers parental tips for building self-esteem in adolescence.

PARENT SELF-ESTEEM

9/12/26 @ 9.30AM - 11.30AM

15/1/27 @ 9.30AM - 11.30AM

(For parents of young people aged 5 - 12 years old)

One off workshop which equips parents with an understanding of self-esteem and ways to promote high self-esteem through parenting style and collaborative activities to try at home with their young person.

To register for any of our workshops, please fill in the workshop referral form in the referral form section, state that the referral is for a workshop and include the workshop name/time/date required.

<https://chums.uk.com/emotional-wellbeing-service/>

Community

Flying Start Luton Activities

7 September to 24 October 2026

Autumn Term 1



*BOOKING IS REQUIRED

UNLESS IT SAYS (DROP IN)

Email/Call: 01582 368245

flyingstart@eyalliance.org.uk



VENUE ADDRESSES

- Park Town Family Hub, Bailey Street (LU1 3DU)
- Flying Start in Pastures Way Nursery, Pastures Way (LU4 0PE)
- Hockwell Ring Family Hub, Mayne Ave (LU4 9LB)
- St Francis Church, Carteret Rd (LU2 9JZ)
- Luton Central Library, St George's Square (LU1 2NG)
- Flying Start Family Hub at Foxcubs Nursery, Runley Road (LU1 1TZ)
- Bushmead Hub, Hancock Drive (LU2 7SF)
- The Olive Tree Church, Blenheim Crescent (LU3 1HB)
- Whipperley Infant Academy, Family Hub (LU1 5QY)
- Red Cross, 232 Dunstable Road (LU4 8JL)
- Stopsley Community Primary School Family Hut (LU2 7UG)
- Stopsley Baptist Church (LU2 7XP)
- Someries Infant School (LU2 8AH)



SEE THE LATEST TIMETABLE ON
OUR WEBSITE PLEASE

SCAN THE QR CODE:



New to Flying Start?

Register here <https://www.flyingstartluton.com/family-joining-form/>

More information will be available at: www.flyingstartluton.com

Check out our Social Media!

Facebook: @FSLuton and Instagram: flyingstartluton

SUBJECT TO CHANGE!

ALL INFORMATION

CORRECT AS OF:

20 AUGUST 2026

MONDAY

Baby Weigh (under 2s), Sensory Play (babies) and Parent Chat (Drop In- FREE) Time: 9.15am to 10.30am Dates: 28 Sept / 19 Oct @ Stopsley Primary	Stay and Play (E2) - (Drop In) for under 5s Time: 9.30am to 10.45am Every Week @ Pastures (Except 7/9)	Antenatal/ Postnatal Parent Chat (Drop In) FREE for antenatal and postnatal parents Time: 9.30am to 3.30pm Every Week @ Central Library	Play and Learn (E2)*- Booking Required for under 5s Time: 10am to 11am Every Week @ Park Town	Little Explorers (E2)*- Booking Required for new walkers under 2 Time: 10am to 11am Every Week @ Hockwell
Baby Weigh (under 2s) and Parent Chat (Drop In- FREE) Time: 10am to 11am Dates: 12 Oct @ Someries Primary	Baby Weigh (Drop In) FREE for Under 2s Time: 1pm to 2.30pm Every Week @ Central Library	Breastfeeding Support (Drop In- FREE) Time: 1pm to 2.30pm Every Week @ Central Library	Stay and Play (E2)*- Booking Required for under 5s Time: 1.15pm to 2.30pm Every Week @ Olive Tree Church	Play and Learn (E2)- Booking Required for under 5s Time: 1.30pm to 2.30pm Every Week @ Hockwell
Baby Massage 4 Week Course* (£17.50) for parents of 6 weeks to around 6 months Time: 1.30pm to 2.30pm Dates: 21 Sept to 12 Oct @ Central Library - Booking Required	Keeping Baby Safe Workshop- Online on ZOOM* Booking Required- FREE for expecting and new parents of babies under 3 months Time: 5pm to 7.30pm Date: 21 Sept			

TUESDAY

Parent Chat @ Rhyme Time (Drop In) FREE for parents of under 5s Time: 10am to 10.30am Dates: 8 Sept / 6 Oct @ Central Library	Mini Movers (E1)*- Booking Required for confident walkers under 3 Time: 10.45am to 11.30am Every Week @ Central Library	Sensory Play (E2)*- Booking Required for non-mobile babies Time: 1pm to 2pm Every Week @ Hockwell	Babybaloo Parent Chat and Baby Weigh (Drop In- FREE) Time: 1.15pm to 2.45pm Dates: 8 Sept / 6 Oct @ Stopsley Baptist Church	Little Explorers (E2)*- Booking Required for new walkers under 2 Time: 1.30pm to 2.30pm Every Week @ Park Town
'Understanding Your Baby' 6 Week Course* for parents from birth to 6 months Time: 1.30pm to 2.30pm Dates: 15 Sept to 20 Oct @ Central Library- Booking Required	Baby Weigh (Drop In) FREE for Under 2s Time: 2pm to 3pm Every Week @ Hockwell	Breastfeeding Support (Drop In- FREE) Time: 2pm to 3pm Every Week @ Hockwell	Parent Chat (Drop In) FREE for parents of under 5s Time: 2.15pm to 3pm Date: 8 Sept / 6 Oct @ Lewsey Library (LU4 0SW)	Birth, Bump & Baby Stuff 3 Week Course* Booking Required- FREE for 22 weeks + Time: 5pm to 7pm Dates: 8 to 22 Sept @ Park Town
Birth, Bump & Baby Stuff 3 Week Course* Booking Required- FREE for 22 weeks + Time: 5pm to 7pm Dates: 6 to 20 Oct @ Hockwell	Pregnancy Club*- Booking Required FREE for pregnant women Time: 5.30pm to 6.30pm Date: 29 Sept / 27 Oct on Zoom			

WEDNESDAY

Baby Weigh, Stay and Play and Parent Chat (Drop In) FREE for parents of under 5s Time: 9.15am to 10.15am Dates: 23 Sept / 21 Oct @ Putteridge Primary School (LU2 8HJ)	Parent Chat (Drop In) FREE for parents of under 5s Time: 9.30am to 10am / 10.30am to 11am Dates: 9 Sept / 7 Oct @ Leagrave Library (LU3 2NL)	Little Explorers (E2)- Booking Required for new walkers under 2 Time: 10am to 11am Every Week (Except 9 Sept) @ Foxcubs	Parent Chat @ Tot Stop (Drop In) FREE for parents of under 5s Time: 10am to 11.30am Dates: 16 Sept / 21 Oct @ Luton Christian Fellowship (LU1 3AL)	Mini Movers (E1)*- Booking Required for confident walkers under 3 Time: 10.15am to 11am Every Week @ Park Town
Sensory Play (E2)*- Booking Required for non-mobile babies Time: 1pm to 2pm Every Week @ Central Library	HENRY 8-Week Course*- Booking Required FREE for parents of under 5s Time: 1pm to 2.30pm Dates: 14 Oct to 9 Dec Online on ZOOM	Rhyme and Play Time (Drop In) Free for under 5s Time: 1.30pm to 2.30pm Every Week @ Red Cross	Play and Learn (E2)- Booking Required for under 5s Time: 1.30pm to 2.30pm Every Week @ Hockwell	Story Sacks for Toddlers (E2)- Booking Required for 2 to 4 years Time: 1.30pm to 2.30pm Every Week @ Park Town