

NEW! FREE ONLINE LEARNING FOR LUTON PARENTS AVAILABLE NOW:

Flying Start would like to make you aware that, in partnership with Cambridge Community Services (CCS), we have purchased a one-year multi-user licence for three online courses developed from evidence based Solihull Approach (www.solihullapproachparenting.com).

The Solihull Approach established in 1996 is a not-for-profit NHS organisation promoting emotional health and wellbeing by supporting relationships. With a track record of providing highly acclaimed training courses to over 25,000 professionals in over 80 areas of the UK and further afield, within Health, Education and Social care they have also developed, working with practitioners and parents, online courses from pre-birth to adolescence. The results of the ongoing research programme are already showing a decrease in conflict in the home, and increase in closeness of relationships for parents completing the courses.

The courses available (worth £39) but free to residents of Luton:-

- Understanding your pregnancy birth labour and your baby (antenatal)
- Understanding your baby (postnatal)
- Understanding your child/teenager

We hope you agree that this is a great investment for Luton children and families particularly for those parents you identify as needing some support who may be reluctant to engage in group-based programmes. Also ideal for parents who would prefer to access information in the comfort of their own homes at a time that suits them.

Flying Start and CCS are organising promotions to raise awareness throughout September 2019. We also need schools to help spread the word, using key touch points you have with families. Please feel free to use the short animation [HERE](#) for use on websites and social media. Please download the promotional poster for print and display in school venues.



Solihull Launch
Poster Parents - Aug

We would also be grateful if the following suggested wording, highlighted below, could be included in any standard letters your school sends out to parents during the course of this academic year.

There is now FREE online learning available for Luton residents involved in the care of children and teenagers. To access this online learning please visit: www.inourplace.co.uk using the access code **HATTERS and your Luton postcode.**

If you would like hard copies of the poster or information credit cards to be sent to you, or if you have any questions about this Luton offer, please contact **Susan Bugden Flying Start Parenting Co-ordinator on 01582 548336**

For any technical queries about accessing the online courses, parents should be directed to contact solihull.approach@heartofengland.nhs.uk or 0121 296 4448